



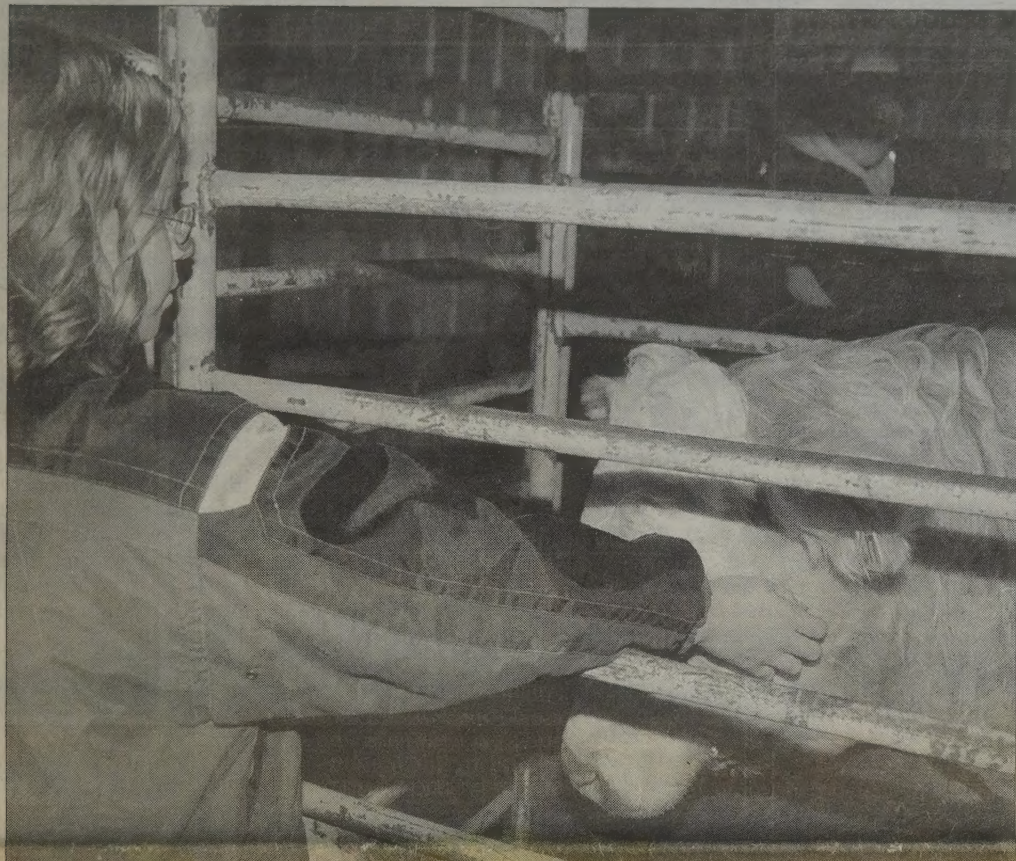
**Thunder starts
season with a win**

Volume 22, No. 44

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Tuesday, November 5, 2002

Pg. 2



READY FOR ANOTHER YEAR OF 4-H - Janice Tymofichuk gives her project animal a pat during Weigh Day for the Elk Point 4-H Multi Club on Sunday. More 4-H on Pages 6 and 7.

■ Up Front

Cenotaph service scheduled for Remembrance Day

Elk Point Royal Canadian Legion will be joined by other community groups and the general public as they march to the cenotaph next Monday for the 2002 Remembrance Day service.

Due to the fire damage at the Seniors Recreation Centre, this year's observance will take the form of a brief service at the cenotaph, followed by the laying of wreaths.

Clubs and organizations are welcome to form up with the Legion at the south side of the Seniors Centre at approximately 10:45

a.m. on Monday for a short parade onto 51 Avenue and down Highway 41 to the cenotaph.

Legion Zone Commander Ron Lundahl of Cold Lake is expected to serve as master of ceremonies for the cenotaph service.

Other Remembrance Day observances include ceremonies at the local schools this Thursday. These ceremonies are planned by the schools, and are an excellent way to ensure another generation will carry on the torch of remembrance.

LRHA and MLAs 'blindsided' by report release

By Todd MacKay
St. Paul Journal

The health board chair and local MLAs say they were blindsided when provincial Health and Wellness Minister Gary Mar released a recent Deloitte and Touche report, delivering a 30-day ultimatum for a new regional business plan last Thursday.

"I don't think I can say the minister lied to us, but he certainly treated us less than honestly," says Lakeland Regional Health Authority (LRHA) chair Ernie Isley. "What you've seen is a lack of ethics in a politician."

"There was some sneaky double dealing."

Area MLAs (Ray Danyluk, Denis Ducharme, Rob Loughheed, Dave Broda, Lloyd Snelgrove and Mike Cardinal) and LRHA representatives joined the health minister to discuss the Deloitte and Touche examination of LRHA's funding and business plan on Thursday.

"I thought the meeting went fairly well," says Danyluk. "I thought there was some room for discussion. But I believe it deteriorated drastically from that point on."

"There were questions in the report that weren't answered and the report was released right after the meeting. There was no indication that was going to happen. And I'm a little choked."

Ducharme echoes Danyluk's displeasure.

"I'm certainly disappointed with the actions of the minister of health," says Ducharme. "I felt we had a positive meeting, but the word blindsided comes to mind in terms of the process the minister took following the meeting. I just take it as a big slap."

Ducharme contacted Premier Ralph Klein following the release of the report. A meeting with Klein, Mar and the MLAs concerned is planned for later this week.

The \$105,000 Deloitte and Touche report was released within minutes of Mar's meeting with the MLAs and LRHA.

Mar then told media that he expected the LRHA to present a reasonable business plan within 30 days.

The LRHA has consistently stated that meeting Mar's expectations would require significant facility closures and has refused to do so.

Isley says the Deloitte and Touche report leaves important questions unanswered. He cites the conclusion of the report which states:

"Lakeland's major concerns are specially related to non-

(Continued on Page 3)

Town Council reorganizes for the coming year

Elk Point Town Council held their 2002 Organizational Meeting on Monday, October 28, with only four members to choose from for the various boards and committees. Councillor Dwayne Vogel announced his resignation from Council as of November 1, and plans for a by-election were subsequently put in motion. Nomination day will be Tuesday, November 12, with an advance poll set for December 11, 4 p.m. to 8 p.m., and the by-election itself for December 16, if required.

With Dennis Jasinsky already in place as Deputy Mayor until April 30 of next year, Councillor Bernice Capjack-Hugo was elected to succeed him for a term covering the period from May 1, 2003 to January 31, 2004. The councillor who is elected in the upcoming by-election will serve as deputy mayor from February 1,

2004 until the end of the term in October, 2004.

Meeting dates will remain on the second Monday of each month, except when that Monday is a holiday, when the meeting will be moved to the Tuesday following the holiday.

Appointments to Standing Committees were as follows:

Executive Committee - whole Council

Public Works - Mayor Lyle Frisby, Councillors Parrish Tung and Capjack-Hugo

Economic Committee - Councillor Capjack-Hugo, Jasinsky, members at large Thomas Kondla and Dick Miller

Public Safety and Environment Committee - Tung, Jasinsky

Ambulance and Physician Recruitment Committee - Frisby, Tung

On Boards and Committees:

Assessment Review Board - Jasinsky, Capjack-Hugo, Tung

Airport Commission - Capjack-Hugo, Tung

Chamber of Commerce - Jasinsky, Town Manager Myron Goyan

Canada Day Committee - Capjack-Hugo, Tung

Community Policing Committee - Capjack-Hugo, Frisby

Development Appeal Board - Frisby, Jasinsky, Kondla

Elk Point Further Education Council - Capjack-Hugo, Tung

ERROW - Goyan

Evergreen Regional Waste Management - Frisby, Goyan

FCSS - Frisby, Tung

Fort George - Buckingham House

Historic Site Advisory Board - Jasinsky

Interagency Health Committee - Frisby

MD of St. Paul Foundation - Frisby, Goyan

Muni Corr - Frisby, Jasinsky

Municipal Library Board - Tung, Capjack-Hugo

Municipal Planning Commission - Capjack-Hugo, Tung, Miller

Northern Care - Frisby, Goyan

Northern Lights Library System Board - Tung, Frisby

REACH - Jasinsky

Recreation Committee - Jasinsky, Capjack-Hugo, Tung

Tourism - Jasinsky, Goyan

Tri-Muni - Frisby, Jasinsky, Goyan

Council Honoraria will remain the same as last year. Vehicle allowance will be 35¢ per kilometer, meal expenses were set at \$10 for breakfast, \$15 for lunch and dinner, and accommodation at \$65 per night, or reasonable costs as supported by a receipt.

community NEWS

Midget Thunder rolls into new season with a win

"The game, the game, look Boss, here comes the big game!" What's this, another episode of the Love Boat? I think not! No love in this game!

Friday night has always been hockey night in Elk Point, and a large crowd stood by, waiting in anticipation of a great game and that's exactly what they got. It takes teamwork to win hockey games. Even in coaching. But head coach Ron Croteau lost part of his team, his right hand man. At practice on Thursday night, assistant coach Robyn Moroziuk took a nasty spill on the ice and will be out for a few weeks with a broken elbow.

But the Thunder didn't disappoint Robyn and started the season



doug BASSETT
Review Sports

off, taking charge right from the first face-off, and struck down Plamondon 6 to 1. Leading the team, Jesse Kozicky with two goals and assisted on two more, Jason Kalynchuk with a single and three assists, Nicky the sniper" Myshaniuk with a goal and an assist, Myles" Mylo" Quinney and Levi Bristow both scoring. Megan Proski

made her debut on defense and took away any doubts that she can play with the Thunder, and so did bantam aged kid, Tyler Loughran who did some great fore-checking out there. As for the body-checking department, "Beam me up Scotty" Dallaire leading the team in hits, sending some guys into space. Kurt "The Wall" Kozicky didn't see a lot of action but looked good on the ones he did get. And it was really nice to see the best 50/50 guy that I know, "Big Ray" taking time out of his busy schedule, coming back to his roots where we put him to work right away building the pot to \$80.00. Thanks "Big Ray", you made my day! Next action for the Thunder will be this coming Friday night when the Thunder will be at home against Glendon. Game time is 8 p.m. Don't miss it!

Micro Novice Tornadoes
Logan Becker with a hat trick, Beaudon

Rogers with two and Jarred Loughran getting his first of the year, when the tiny Tornadoes took on Marwayne Saturday morning.

Novice Hurricanes
The Novice Hurricanes were on the road in Vermilion on Saturday winning 11 to 2. Brandon Rainey with 5, Tori Becker getting 2 goals and 2 assists, Tyson Moneta with 2, Wyatt Dewan and Sheldon Jurak with singles, and Jamie Wozniak with four assists. Trevor Ballas doing a great job between the pipes.

Atom Avalanche
On Saturday afternoon the Atom Avalanche also opened the season at home with a new bench boss, Dave Cousins, playing against Vermilion burying them 17 to 5. Mike Marianchuk and Kameron Ballas with four each, Tanner Shankowski with a hat trick, two for Chad

Nauss and Harrison Maas and singles for Ken Stanley Jr. and Jordyn Wozniak. On Sunday the Avalanche with another big win, this time 17 to 2, Kitscoty the victim. Mike Marianchuk and "Dirty Harry" Harrison Maas with four each, Jordyn Wozniak with a hat trick, two for Tanner Shankowski and singles for Brendon Bishop, Myles Yarmuch, Chad Nauss and Kameron Ballas. Dylan Loughran working in the cage.

Midget Storm
Why is coach George Hahn smiling? Deer season opened on Friday? No, silly, the Midget Girls Storm opened their season Saturday night with a 3 to 1 win over Hardisty. Scoring for the Storm, Brett Hahn, Eryl Anton Roberts with a goal and an assist, Amanda Marianchuk with a goal and an assist. Also getting in on the assists Kelsey Slywka and Kyrie Loughran. This is a very young lineup on this year's Storm team, but the effort was superb.

You make the call. Last weeks answer to: A player receives a slashing penalty in the first period, a high sticking penalty in the second period and a cross checking penalty in the third period. How should the referee handle the situation? The referee would eject the player from the game for committing three stick infractions in a game.

It's time to play the K. A. Campbell trivia question. Name the only Oiler to score on a penalty shot during the playoffs? Last weeks answer to: Who racked up the most points against Edmonton Oilers in a single playoff game, getting 5 points? Denis Potvin.

And also coming up this week, tomorrow night, Wednesday at 7.30, the A.G. Ross Operating Committee monthly meeting. Everyone is always welcome to attend. Do you have any sport news for me? Now you can Email it to me at sportshound007@hotmail.com

ARENA OPERATING MEETING
Wednesday, November 6, 2002
7:30 p.m.
Horizon Room - A.G. Ross Arena
Everyone Welcome!

THANK YOU
To those who attended my
(15th) "Spooktacular" Avon OPEN HOUSE
And made it a huge success.
Attendance was at an all-time high, the best ever. I hope my "haunted" porch didn't give you nightmares, and that you enjoyed the visit.
YOUR LOYALTY MEANS A LOT TO ME.
Door prize winners were: **Danielle Charron, Mannville; Laurie Ference, Pat Swedgan & Darlene Kozicky - Elk Point.**
Thanks again.
Melanie 724-3892

Harvest time hard on farmers
Yield "...a far cry from what is usually produced"

By Todd MacKay
Journal Staff

The harvest, such as it was, is nearly done, according to the County of St. Paul. But it doesn't look good.
"There are certain pockets of the county that still need to be harvested," says County of St. Paul field manager Dennis Bergheim. "There's only a small percentage that hasn't been done."
The cool fall has made it difficult to harvest the few crops that did survive the summer drought, says Bergheim. When moisture was needed most in the spring and summer it didn't come. But

when farmers needed hot, sunny days in the fall, the weather turned cool and wet. Many crops didn't mature properly and were simply baled for feed.
Small amounts of cropland were combined, but the majority was baled to feed livestock.
Bergheim says most of the producers have already braced themselves for feed shortages. Some have purchased or baled most of the feed they'll need. Others reduced their herds during the summer.
"It's not really optimistic," says Bergheim. "We had some rain in July and August which produced some feed. But it's a far cry from what is usually pro-

duced."
Most producers may have the feed they'll need, but Bergheim wonders what farmers will put in the ground in the spring.
"I don't know what will be available for seed," he says. "There will be a shortage and high prices."
As the harvest concludes an unprecedented drought disaster, farmers are now hoping for snowfall to make sure next year isn't a repeat performance.
Bergheim isn't optimistic, however.
"The outlook isn't good," he says. "The long range forecasts are calling for minimum amounts of snow."

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community **NEWS****Change for the better - join the fight against diabetes***Four to seven percent of our health care dollars go to treat people with diabetes*

Two million Canadians have diabetes. Many more Canadians are thought to have diabetes, but do know it. These numbers are expected to increase as the population ages.

Chances are, someone in everyone's circle of family or friends has diabetes. By learning more about diabetes, you may be able to recognize the symptoms and determine if you, or someone you know, might be at risk for diabetes. Take the time during Diabetes Month to find out what you can do to prevent or at least delay the onset of this disease.

Diabetes is a lifelong disease in which your body cannot properly use and store the fuel (sugar) you take in from the foods you eat. Insulin is needed to help the body use the sugar for energy. When

insulin is not available, the sugar from food stays in the bloodstream, causing blood



Linda FOX
Registered Dietitian

sugars to rise.

Type 1 diabetes occurs when the pancreas no longer produces insulin. Among Canadians with diabetes, about 10% have Type 1. All people with Type 1 require daily insulin injections.

Type 2 diabetes occurs when the body is not producing insulin effectively, or the body can't use the insulin it produces. People with Type 2 diabetes may be able to manage their blood glucose through diet, exercise and possibly oral medications.

Some people with Type 2 diabetes may need insulin by injection. About 90% of people with diabetes have Type 2.

You are at increased risk for Type 2 diabetes if you are over 45, overweight and have a sedentary lifestyle. Scientists believe that lifestyle and Type 2 diabetes are closely linked. This means that lifestyle is one area individuals can focus on to help prevent or delay the onset of the disease. A healthy diet, weight control, exercise and managing stress are important prevention steps.

Gestational diabetes is a temporary condition that occurs during pregnancy. It affects one of every 20 pregnant women. Forty percent of those will develop Type 2 diabetes later in life.

Diabetes is serious business, if left untreated or improperly man-

aged, the high blood sugar levels can slowly damage the blood vessels in the body, resulting in a variety of complications such as heart disease, blindness, kidney disease, amputations and impotence.

It is estimated that four to seven percent of our health care dollars are spent on the direct and indirect cost of treating people with diabetes.

With careful management, these complications can be delayed and even prevented. The first step in preventing the onset of these complications is recognizing the symptoms that may indicate you have diabetes.

Some of the symptoms of diabetes include:

- Frequent urination
- Unusual thirst
- Changes in appetite
- unexplained weight loss
- Extreme fatigue

- Irritability
- Blurry vision
- Tingling in hands and feet

Not everyone will have the same symptoms. In Type 1 diabetes, the symptoms progress quickly and are dramatic. For example, a child may lose weight quickly, be extremely thirsty and visit the bathroom often.

In Type 2 diabetes, since symptoms are slower to progress, it is possible to have no apparent symptoms and to be diagnosed at a non-related medical examination. For example, a 55 year old, overweight, sedentary person going for a medical exam for his driver's license, finds out his blood sugar is too high.

If you have any of these symptoms, make an appointment to see your doctor. Early diagnosis is extremely important. The earlier it is diagnosed, the sooner steps can be taken to manage the disease and prevent or delay compli-

cations. Guidelines from the Canadian Diabetes Association recommend routine screening every three years for everyone 45 years or over and screening every year for individuals with other risk factors.

For more information, contact Linda Fox, Registered Dietitian at the Elk Point Health Centre. Information is also available from CDA's web page at www.diabetes.ca or by e-mail at info@diabetes.ca.

CRAFTS & MORE**Sat., Nov. 16, 2002****ELK POINT ELKS HALL**

11:00 am to 5:00 pm

\$10.00 per table

BOOKINGS:**Lois 724-2095****Leona 724-3860***Everyone Welcome.*SPONSORED BY
LADIES OF THE ROYAL PURPLE**Elk Point's Batmobile?**

Holy Halloween, Batman, how you've changed! One of Elk Point's local crime fighters, Doug Lee of Elk Point Citizens On Patrol Society (COPS) took his bright orange 'batmobile', complete with flashing pumpkin, floating ghost balloon and "slow oilman" hood ornament, out to patrol on Halloween evening.

LRHA and MLAs 'blindsided' by report*(Continued from Front Page)*

funding items. Many of the issues raised by Lakeland are systemic, seemingly legitimate, and are worthy of further investigation by Alberta Health and Wellness."

There are a few wrinkles to work through in the Deloitte and Touche

report but the theme is set, according to the Alberta Health and Wellness.

"Regardless of what details the RHA (regional health authority) might want changed, the conclusion of the report remains the same," says Alberta

Health and Wellness spokesperson David Dear. "The RHA has been funded fairly and their revenue assump-

tions in the latest version of the business plan were unrealistic. That is the fact of the matter."

BY-ELECTION**NOTICE OF NOMINATION DAY**

Local Authorities Election Act (Section 26)

Local Jurisdiction

TOWN OF ELK POINT

Province of Alberta

NOTICE is hereby given that Nomination Day is November 12 and that nominations for the election of a candidate for the following office will be received at the location of the local jurisdiction office set out below between the hours of 10:00 am and 12:00 noon on NOMINATION DAY.

Councillor -- 1 Vacancy

Location of Jurisdiction Office:

Town Office 4914-50 Avenue, Elk Point

Dated at the Town of Elk Point in the Province of Alberta, this 25th day of October, 2002.

Myron J. Goyan, Returning Officer.

Elk Point Elks Lodge
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for November 7 & 14*Due to a previous commitment***Regular Bingos Resume**
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review VIEWPOINTS

■ Letter to the Editor

Clear goals needed if health authorities are restructured

To the Editor:

I forward this letter as authorized by the Lakeland Regional Health Authority Board at a special meeting held October 30, 2002 on the issue of organizational restructuring of Alberta's Health Authorities.

Lakeland Regional Health Authority continued so maintain its position that rural residents deserve access to quality health services. The Lakeland Regional Health Authority Board questions the purpose behind recent deliberations initiated by Alberta Health and Wellness to reduce the number of Health Authorities in the province.

On Thursday, October 17, 2002 the Board chairs and the CEOs of all Regional Health Authorities were summoned to a meeting in Edmonton for Monday, October 21, 2002 to discuss restructuring of health authority boundaries. The agenda was very simple. - draft a map that would have a minimum of five to a maximum of nine regions. Regional boundaries were to respect municipal and First Nations boundaries.

When Regional Health Authority representatives questioned the reasons to restructure, or the goals that would be achieved by restructuring, both Alberta Health and Wellness and Community Development staff had difficulty providing a logical response.

There appeared to be a general agreement with comments in the Premier's Advisory

Council on Health Report (Mazankowski's Report) - "There is little evidence to suggest that fewer regions would result in better health outcomes or significant savings."

The justification for the exercise became: Caucus has decided that there should be fewer regions. The number should be between five and nine, and this meeting in the Health Authorities' opportunity for INPUT.

WHAT IS THE GOAL OF THIS EXERCISE? Could it be that Alberta Health and Wellness wants to get smaller appointed Boards, further removed from rural communities so it is easier to carry out a second round of rural hospital closures and transfer more health resources to the urban centres?

The Lakeland Regional Health Authority is of the opinion that until there are CLEAR GOALS to be achieved by restructuring and reducing the number of health regions, that the existing RHA boundaries should remain in place. It is also the opinion of the Lakeland Regional Health Authority Board that these questions should be raised and answered in the interest of all Albertans. The delivery of health care and service to Albertans should be the topic of discussion, rather than the number of Regional Health Authorities.

Sincerely,
Ernie Isley
Board Chair
Lakeland Regional Health Authority

Wars in peacetime

"We have seen the enemy, and he is us."
- Pogo

We have been without a World War for more than five and a half decades, and Canadian fighting forces have returned from Afghanistan, but that doesn't mean we don't have more than one war on our hands, right here, right now.

Canada is not the haven of peace we take it to be, and nor is our own province. This may be a relatively well-to-do province, but those of us who live outside the major centres are continually having to fight to keep needed facilities and services. The newscasts and the daily papers are full of coverage of these battles, as rural Albertans fight to keep health centres and welfare offices. Words, rather than bullets, may be the ammunition, but people still stand to be harmed and some may even lose their lives because of intense differences of opinion and lack of understanding. It puts one in mind of the French revolution and Marie Antoinette's famous "let them eat cake" answer when told that the peasants were rioting because there was no bread.

The farmers who were jailed after turning themselves in for unlawfully exporting grain to the USA are basically political prisoners who have been condemned for standing up for what they think is right. They are unlikely to be burned at the stake like Joan of Arc but they are definitely being held up as a bad example.

There is no harm in having differences of opinion, provided that innocent people are not hurt because of them. Lack of understanding can be remedied if people will just listen, have open minds and be willing to negotiate an equitable solution. It's when no one is willing to hear the other side or to let common sense prevail that differences of opinion incite us to do battle for what we believe in.

This November 11, that day of remembrance for all those who have died in much larger conflicts, let us pray for peace and a swift end to these small but escalating battles which threaten our well-being and that of our communities.

Veterans' Week 2002

The theme for Veterans' Week 2002, November 5 to 11, is "Remembering Our Past, Preserving Our Future." Each year, Canadians pause on November 121 to remember the veterans who served our country in times of war during the 20th century - the men and women who died or risked their lives while serving in the Army, the Air Force, the Navy, the Merchant Navy, and with peacekeeping forces. We also remember the men, women and children who rallied to support Canada's war efforts in countless ways in homes, businesses, factories, voluntary service organizations and schools across the country. Through the yearly celebration of Veterans' Week, we have a unique opportunity to better understand the achievements of men, women and children of all ages, from all backgrounds and in all areas of endeavor, who contributed wherever they were needed in wartime.

During the first half of the

20th century, some 1.5 million Canadians were called upon to defend peace and freedom around the world



deanna
EASTHOPE
from the FCSS desk

during the First World War, the Second World War and the Korean War. Almost 620,000 Canadian men and women served in the First World War at a time when the population of the country was only a few million. By September 1939, over 58,000 men and women had volunteered to serve in the Canadian Forces.

It is to be remembered that the Allied Dieppe Raid which began at dawn on August 19, 1942 turned out to be one of the worst disasters of the Second World War. Nine hundred and seven Canadian lives were lost on that day, and 1946 other Canadians were captured and forced to spend the remainder of the war as prisoners. The troops involved totaled 6100, of whom roughly 5000 were Canadians, the remainder being British Commandos and 50 American Rangers. The raid was supported by eight Allied destroyers and 74 Allied air squadrons, eight of them belonging to the Royal Canadian Air Force. This was only 60 years ago. Canada also entered the Korean War.

Following these terrible conflicts, Canada began looking for ways to prevent wars. Contemporary peacekeeping is a natural extension of Canada's long-standing commitment to the principles of peace and freedom. Currently, Canadian troops are participating in Operation Apollo. Ships, aircraft and 2000 military personnel have been deployed to the Arabian Sea and other points around the world, joining a coalition to fight global terrorism. The movement comes in response to attacks against the World Trade Centre in New York and the Pentagon in Washington, DC on September 11, 2001. Military personnel from many countries, including Canada, support the United Nations in peace-keeping operations. Over 100,000 members of the Canadian Forces have served in some 50 United Nations missions in more than 35 countries during the past 40 years.

Canadian peacekeepers carry out a wide range of tasks away from home. They: (1) stop conflict and keep combatants apart; (2) monitor cease-fires; (3) observe troop withdrawals; (4) protect displaced persons and refugees; (5) participate in the removal of land mines, and (6) deliver humanitarian assistance.

During Veterans' Week and Remembrance Day, let us remember these men and women, no matter where they have served or are serving today.



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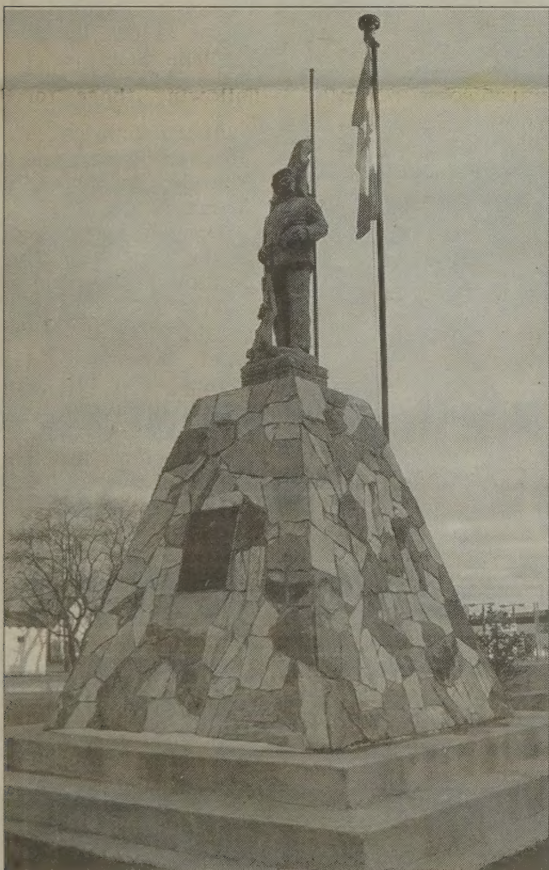
community NEWS



HERITAGE LODGE JOINS THE FIGHT AGAINST BREAST CANCER - Residents and staff of Heritage Lodge observed Breast Cancer Awareness Day on October 31 by collecting no less than \$102 toward Breast Cancer research. Among the donors proudly wearing their ribbons of support were residents Margaret Hall, Muriel Holthe, Margaret Rae, Winnie Shepherd, Hazel Jenner, Meryl Valentine, Jean Kinch, Lena Kuziw and Lodge matron Alice Herperger.

CRIME STOPPERS Farm gates stolen

Sometime between the first week in September and the first week in October, a theft occurred on a farm just west of Elk Point on Range Road 73, approximately one quarter mile south of Highway 646.



READY FOR THE POPPIES - Elk Point's cenotaph will be surrounded with poppy-laden wreaths next Monday, as the community pays tribute to those who made the ultimate sacrifice that we may enjoy peace.

Stolen were two black John Deere hydraulic cylinders belonging to a cultivator, as well as a Peavy Mart farm gate which was 12 feet in length and a UFA farm gate that was eight feet in length. The approximate value of the stolen items is \$750.

Anyone with information is asked to call Crime Stoppers at 1-800-222-TIPS (8477) or the Elk Point RCMP Detachment at 724-3964.

Crime Stoppers will pay up to \$2000 for information leading to the arrest of the person(s) responsible for this or any other crime. You do not have to reveal your identity and if your tip leads to an arrest you qualify for an award.

Bonnyville exhibit for Donna Dahmer-Chamberland

The art of Donna Dahmer-Chamberland will be on display at the Lyle Victor Albert Centre, 4814-49 St., Bonnyville, from October 29 to November 30, 2002.

The Bonnyville and District Fine Arts Society is pleased to display, until the end of November, an exhibition of the beautiful, naturalistic, representational and highly accessible paintings of Donna Dahmer-Chamberland.

Presently a board member of the Alberta Foundation of Art, Donna Dahmer-Chamberland has had a lifetime interest in art. As a high school student in Wetaskiwin, she enrolled in the classes offered by the University of Alberta Department of Extension and over the years, studied with Professor Harry Wohlfarth, Harry Savage, Doug Barry and many other instructors well known to members of Alberta graphic arts community. She was a member of Alberta Community Art Clubs Association (ACACA) for many years and helped to host the ACACA show in St. Paul while she lived there.

Having obtained a Bachelor of Education at the University of Alberta, with a major in History and a minor in Art, she embarked on a 23-year teaching career. Her training in art proved invaluable as she taught Art at every level and was the Art / Drama Specialist for

grades One to Six at the Ashmont Elementary School for five years. She taught adult classes for the Department of Extension in Three Hills, Trochu, Olds and St. Paul. She also taught Art in the Early Childhood Development Program at Lakeland College, Vermilion Campus.

Although she began painting in oil and acrylic, she has painted in watercolor for the last 14 years and still finds it a fascinating challenge. She is an Associate member of the Society of Western Canadian Artists (formerly the Edmonton Chapter of the Federation of Canadian Artists) and exhibits with that organization at numerous galleries in Edmonton. She has held a number of small group and individual shows as well. Her work is to be found in many private collections in Canada, the United

States and Britain.

Presently she lives on a farm just outside of Elk Point, works in her on-site studio, Three Gables Art Studio and Gallery, and teaches beginner classes in watercolor whenever she has time between numerous meetings.

This exhibition produced by the artist herself, will be on display in the South Hall Lobby of the Lyle Victor Albert Centre from October 29 through November 30. Artist Pierre Bataillard will host a public viewing of the Donna Dahmer-Chamberland Exhibit on Saturday, November 16 from 1 to 4 pm.

Teachers and art instructors are also encouraged to take advantage of this delightful exhibition by bringing their students to the Lyle Victor Albert Centre. Special arrangements for viewing can be made by contacting Lucie Bell at 826-2778.

HEINSBURG COMMUNITY CLUB

FALL SUPPER

HEINSBURG COMMUNITY HALL

Friday, November 8 / 02

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ATTENTION

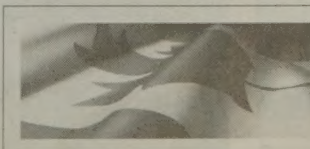
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Canada

community NEWS

National 4-H Week - celebrate tomorrow's leaders

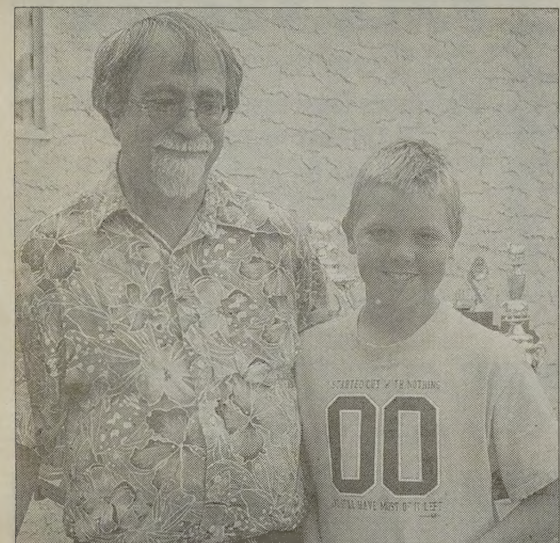
"(4-H helps) young people develop technical skills, placing them at the cutting edge of progress and provides them with the opportunity to participate in many programs and projects."

*Her Excellency the Right Honourable Adrienne Clarkson,
Governor General of Canada*

Thousands of 4-H members across the country will help celebrate Canada's longest running rural-based youth development organization during National 4-H Week, November 4 to 10, 2002. National 4-H Week provides an opportunity for 4-H



TODAY'S LEADERS, some of whom were themselves 4-H members, are (back, left to right) Heifer and Cow-calf Leader Donna Zapesocki and Assistant Leader Fred Zapesocki, (front, left to right) Assistant General Leader Gail Havener, Steer Leader Donna Ockerman and General Leader Elaine Babenek. Not shown are Assistant Steer Leader Glen Ockerman, Small Engines Leader Dallan Wandler, Arts and Crafts Leader Verona Lea Flanders and Cooking Leader Lorraine Danyluk.



THE SPIRIT OF 4-H was exemplified by both longtime 4-H supporter Terry Holmgren and 4-Her Marvin Ockerman, who received the Spirit of 4-H award.



AMONG LAST JUNE'S ACHIEVEMENT DAY WINNERS were Jessica Wirsta's Grand Champion Steer (above) and Nichole Havener's Grand Champion Heifer.

members to celebrate and showcase the many benefits of the program. 4-H has been an integral part of Canada for 89 years, and during this time has contributed to the personal development of more than a million young people. While maintaining its key objective of developing leadership skills, self-esteem and responsible citizenship, 4-H has evolved to meet the needs of today's modern youth through exciting project work in computers, crafts, drama, photography, and much more.

Last year more than 32,000 boys and girls and 10,000 adult leaders across Canada participated in exciting club activities and 4-H projects as they pursued the 4-H motto, "Learn To Do By Doing."

"Our recent 'Measures of Success II' survey is proof positive that 4-H has a lasting and extremely positive impact on the lives of its members," says Elizabeth Crouse, president of the Canadian 4-H Council. "As we prepare to celebrate 90 years of 4-H in Canada in 2003, we celebrate the thousands of young people across Canada who will play a role in shaping this country's future."

The long list of 4-H alumni include many politicians, accomplished entertainers, sports stars and leaders in business and entrepreneurship. During National 4-H Week, watch for 4-H displays and other special community events, as 4-H members, leaders, families and supporters celebrate one of Canada's oldest and best youth organizations.



TOMORROW'S LEADERS are today's club executive. Back row, left to right are vice president Shaun Robinson, president Nichole Havener, treasurer Matthew Robinson and secretary Amanda Zapesocki. Front, left to right are future 4-Her Tyler Ockerman, historian Janice Tymofichuk, parliamentarian Danielle Wruth and club reporter Tyson Ockerman.

Looking back at success



ELK POINT SADDLE SLICKERS showed off their achievement day prizes back on June 21 of this year. Left to right are Meggan Parker, Danielle Schnurer, Michelle Zapesocki, Amanda Zapesocki and front, Chelsea Schnurer.

Saddle Slicker bound for Denver

Elk Point Saddle Slickers 4-H Light Horse Club member Danielle Schnurer will be heading south to Denver, Colorado in January to attend the National Western 4-H Roundup, as part of the Alberta Horse Team.

Danielle participated in the Hippology competition at the Provincial Horse Classic, placing third overall for her good knowledge of horses. The top four senior members from the Hippology competition make up the Alberta team and will join the Alberta Beef team to go to Denver. Alberta is the only province to send a team to the American competition.

Danielle has been a member of the Saddle Slickers for eight years, and is in her second year with a beef project.



community **NEWS****Elk Point 4-Hers weigh in this year's projects**

The trail to Achievement Day starts here as 4-Hers prepare to tote feed buckets and teach reluctant steers to lead

Elk Point 4-H Multi Club held their annual Weigh Day for Beef and Heifer Projects on Sunday at the farm of Assistant Beef Leader Glen Ockerman. The 4-H leaders formed a very efficient team to get the job done in short order.

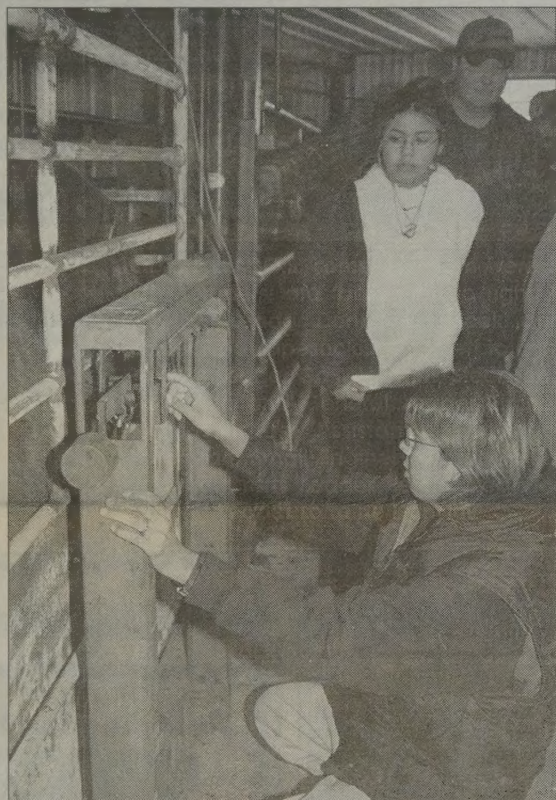
Club president Shaun Robinson and Small Engines Leader Dallan Wandler manned the gates as stock was moved on and off the steady procession of trailers. Each animal was photographed by 4-H mom Shelley Tymofichuk, loaded in the chute by General Leader Elaine Babenek, equipped with a special 4-H ear tag by Glen Ockerman and Assistant Heifer and Cow-Calf Leader Fred Zapesocki, and treated with Ivermectin by 4-H dad Orin Ockerman on its way to the scale. Beef Leader Donna Ockerman personally determined each animal's weight and passed the informa-

tion on to weight recorders Gisele Robinson and Donna Zapesocki. Mrs. Zapesocki is this year's Heifer and Cow-Calf Leader.

Each steer's beginning weight will be taken into consideration on Achievement Day next June, when it will be used with the finished weight to determine Rate of Gain. While it was not mandatory to weigh the heifers, most of the members with heifer

projects brought their animals to check out their weights as well.

The afternoon concluded with a mini-meeting at which project books and information regarding their projects was handed out. A number of gifts and awards from livestock breed associations were handed out on Sunday to those members who raised steers, heifers and cow-calf pairs last year, in recognition of their efforts.

**LEARNING TO DO BY**

DOING - Danielle Wruth gets some hands-on experience with the cattle weigh scale as she determines the weight of her sister Rhonda's steer as Rhonda and 4-H dad Orin Ockerman look on.

4-Hers learn livestock raising for high school credits

Two members of the Elk Point 4-H Multi Club are not only raising 4-H animals, they're learning more about livestock raising and earning high school credits in the process.

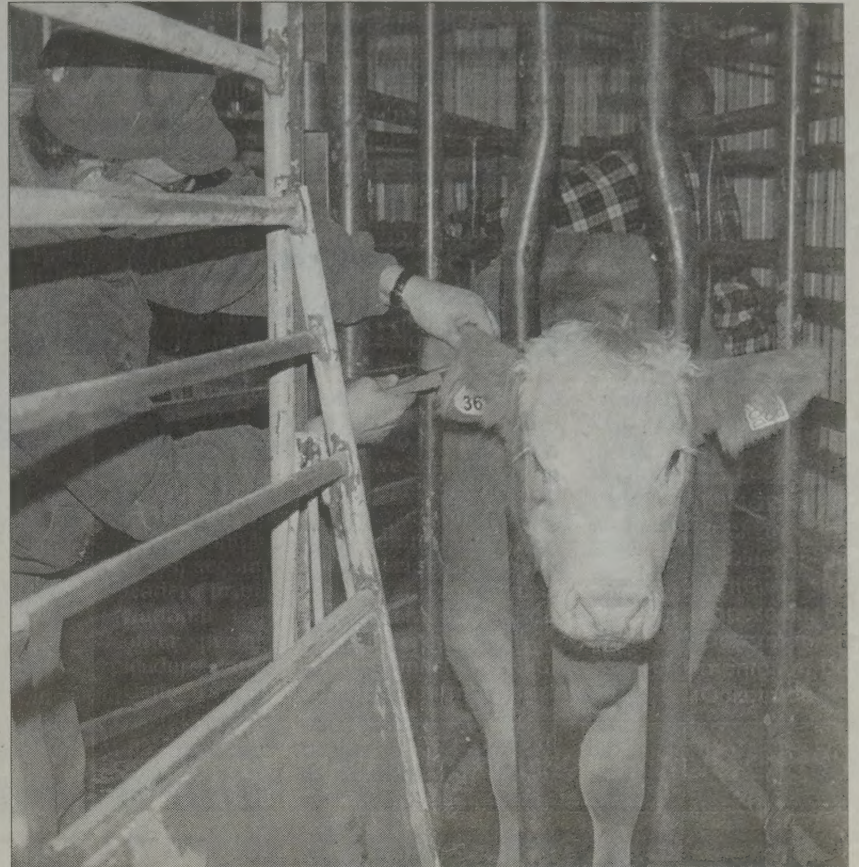
Danielle Wruth has

completed two years and Nichole Havener one year of the Green Certificate Program, which is also a recognized 4-H project.

The Green Certificate Program involves home-study high school

credit courses in which students learn in depth about the raising of cows and calves, swine, sheep, grain, etc., Green Certificate tester Lee Wruth told Elk Point 4-Hers at Sunday's Weigh Day mini-meeting. Each year of the three-year course earns five credits when completed, and a sixteenth credit comes from a fire safety and safety course which is taken in conjunction with the others. At the completion of each course, the participant is tested at Vermilion's Lakeland College. Students, age 16 or older, can register for the course at F. G. Miller High School.

The St. Paul Regional School Division charges \$150 to take each year's course, but this fee is refunded when the student qualifies for credits.



NOW IT'S OFFICIAL - One of the 4-H steers gets its official ear tag with assistant leader Fred Zapesocki operating the tagging pliers.

What's new this year for Elk Point 4-H Multi Club?

After many years of using F. G. Miller High School classrooms for their meetings, Elk Point 4-H Multi Club is moving to the recently-completed meeting area upstairs in the C. G. Baker Arena. The 4-Hers will feel quite at home at the "ag barn," where they have held their mini-achievement days and achievement days for several years.

Special meetings will be held for Beef members, as they work on their new Project Books. The project books contain a series of units, which will entertain, interest and inform the members as they learn more about the process of raising a prime beef steer.

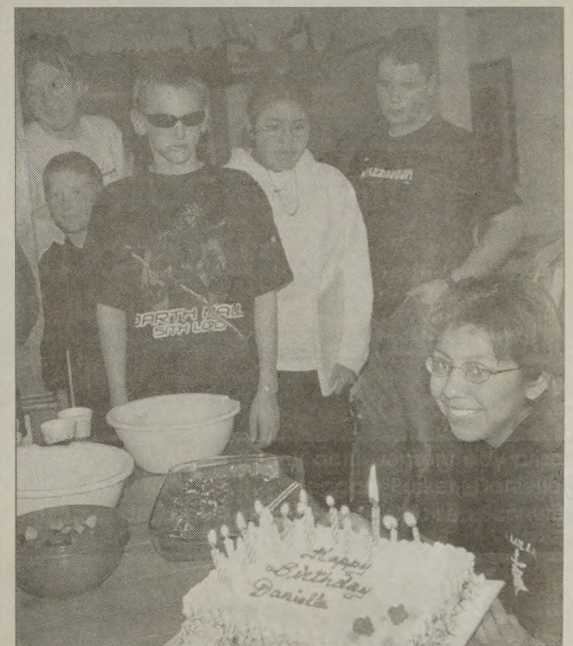
Looking ahead to spring, general leader Elaine Babenek announced that the St. Paul 4-H District will be hosting the 2003 Regional Public Speaking Competition.

She also said that plans are underway for a family-style New Year's Eve celebration - watch for details as they become available.

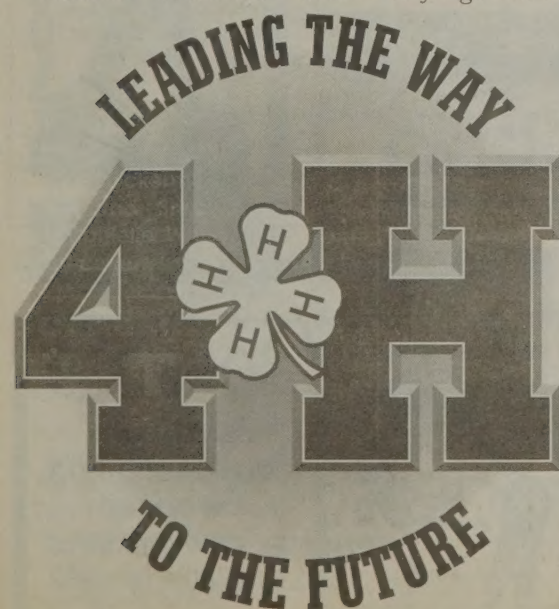
The club will be sending Beef Project leader Donna Ockerman to the Provincial Beef Update conference at Battle Lake, November 29 to December 1, and will also be sending dele-

gates to the Provincial 4-H Leaders' Conference in Red Deer, January 17 to 19, 2003. The 4-H Leaders'

Conference is a valuable tool in keeping leaders up to date on the latest developments in programs and activities.



THEY'RE ONE BIG HAPPY 4-H FAMILY, and fellow members Michelle Zapesocki, Tyson Ockerman, Adam Zapesocki, Rhonda Wruth and Shaun Robinson were on hand to watch Danielle Wruth blow out 17 candles on her birthday cake.



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business DIRECTORY

Farmers encouraged to vote in CWB elections

Alberta farmers have been requesting more marketing choice through the Canadian Wheat Board (CWB). Well, this is your chance to make a difference by electing pro-marketing-choice directors to the CWB.

This fall, the Canadian Wheat Board will be holding elections in five of 10 districts to elect directors to the CWB Board. The upcoming CWB election gives Alberta farmers the opportunity to elect candidates who will make the CWB responsive to farmer needs. All producers who grow one of the six major grains (wheat, barley, oats, canola, flax or rye) are eligible to vote. Farmers must also have reached the age of majority and be directly involved in the

business of farming to be eligible.

Producers who hold CWB permit books should automatically be



ray
DANYLUK

MLA Report

on the voters' list. Producers who do not hold a permit book must complete a statutory declaration in order to vote. This form can be obtained from my constituency office or by contacting the Alberta Ag-Info Centre at 1-866-882-7677 or the election coordinator at 10800-446-0890. Once completed, this form needs to be signed by a Commissioner of Oaths (such as a MLA or

lawyer) and then returned to the election coordinator. Those of you without a permit book can make an appointment at my constituency office where we can assist you to register to vote in the upcoming election.

Farmers who have forwarded a completed Statutory Declaration to the election coordinator, or who have filled out their permit book application for the new crop year, will be mailed a voters' package at the beginning of November. This package will include an actual ballot as well as biographies and position statements from each candidate in the voter's district.

When producers fill out their ballots, it is

important to remember that the ballot is a "preferential ballot". Voters rank the candidates in their district, marking the first choice as "1", and their second choice as "2". Voters only need to rank the candidates they support, not every candidate on the ballot.

Numerous polls, surveys and plebiscites have shown that Alberta producers want marketing choice in order to pursue individual marketing activities, as well as value-added opportunities. The Alberta government would also like to see change. Agriculture is vital to Alberta's economy, and marketing choice provides one opportunity for greater sustainability and profitability in this industry. The CWB has an

impact on every producer in Alberta. Producers who want change to the current system should make sure they take this opportunity to elect candidates who will help achieve more marketing opportunities for wheat and barley in Alberta.

If you have any questions about the CWB

elections or any other issues, please call the constituency Office in St. Paul at 645-6999 or toll-free from Lac La Biche at 623-1730. We are located at 4434-50 Avenue, St. Paul, AB, TOA 3A2. In Edmonton, I can be reached at 780-415-9578 or 319 Legislature Building, Edmonton, AB, T5K 2B6.

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what's NEWS at the LIBRARY?

Curl up with one of our great new novels!

By Daphne Schnurer
Librarian

When November brings chilly winds, it's time to curl up with a cup of tea and a good book. Check out these great new arrivals for some entertaining reading.

The Lost Garden by Helen Humphreys - From the winner of the Rogers Writers Trust Fiction Prize comes a wonderful novel about the nature of love, set against a background of wartime England.

The Last Crossing by Guy Vanderhaeghe - Following the success of his celebrated Governor General's Award winning "The Englishman's Boy", is his long-awaited new novel, a breathtaking adventure.

Cloud of Sparrows by Takshi Matsuoka is a sweeping historical novel of love and adventure, set amid the violence and beauty of nineteenth century Japan.

Quintens by internationally best-selling author Maeve Binchy - in this magical novel you will meet old

friends and new, who will make you laugh and cry.

The Treason of the Ghosts - Paul Doherty's latest is a real page-turner and offers plenty of thrills and spills.

Violence of Action by Richard Marcinko - The rogue warrior faces his ultimate challenge.

Thanks, bingo volunteers!

Thanks to all our Friends Bingo workers who turned out to help us on October 29. Our next Friends of the

Library Bingo will be on the afternoon of December 21. There will be a signup sheet at the front desk of the library.

Seniors Tea today!

Don't miss this afternoon's Seniors Tea. Drop in at the library at 2 p.m. on November 5 for tea, goodies and good conversation.

Want to hear a story?

Storytime is held each Friday morning at 10:30. Everyone is welcome to join us for stories and crafts.

Emotional eating - its causes and cures

By Carol Moro
Take Off Pounds Sensibly

In an ideal world, we'd all eat only when we're hungry... consume nutritious foods that satisfy without hurting our health... and stop when we're full. In the real world, we often do just the opposite.

When situations trigger eating in a person who is not hungry, that practice is considered emotional eating. The person consumes large quantities of food - usually junk food - in response to an emotional situation.

Triggers for emotional eating include the following:

- Anger at oneself or another person; instead of confronting the source of the anger, the person tries to release anger by eating.
- Boredom - having nowhere to go, watching dull programs on TV, feeling lonely - can push an individual to seek comfort in food.
- Feeling unappreciated

or out of control may drive an individual to overeat.

■ Depression, a serious medical condition, can push a person to use food in an effort to self-medicate.

To make matters worse, emotional eating usually focuses on "comfort foods" that are high in fat and sugar. Such food, consumed often and in large quantities, contribute to weight gain - which leads to a vicious cycle of lowered self-esteem followed by additional overeating episodes.

How to break this cycle? The first step is

to recognize a habit of eating in response to emotion rather than genuine hunger. It may help to keep a food diary that lists what was eaten, when, and why (noting the situation and emotions that preceded the binge).

Next, choose a more constructive method of venting feelings. An angry person might vent feelings by writing them down, talking with a sympathetic listener, releasing stress through walking or another aerobic exercise, or punching something soft and safe, such as a pillow.

Deep-breaking exer-

cise can help. This can clear one's mind and break the link between emotion and an automatic eating response.

Some of these methods will help deal with boredom. In addition, boredom can often be anticipated and avoided with a little planning. For instance, a person could decide to attend a sporting event or concert instead of spending another dull night at home in front of the TV.

In the case of depression, medical attention may be required. Fortunately, effective treatments exist for this condition.

In any case, it's important to remember that people can take control and make choices. There is hope for breaking the cycle of emotional eating. By changing the way we recognize and respond to emotion, we can all get a little closer to that ideal world where food is kept in proper perspective.

It's a Girl!

The Grandparents are happy to announce the birth of granddaughter

Emma Jean Bensch

Born October 30, 2002
Edmonton

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review COMMUNITY NEWSLINE

"Mother to Mother" Breastfeeding Support Group - meets 4th Monday of every month, 10 a.m. Call 724-3332 for more info. Expectant mothers and older siblings welcome.

...

Elk Point Parent Nursery - Every Wednesday, 10 a.m. to Noon, Elk Point United Church Hall. Children under 6 and parents welcome. For more info, call Lynda Letwin, 724-0004 or Lynn Berg, 724-3442.

...

Al-Anon Family Group Meeting, Room 605, Elk Point Municipal Hospital, Wednesday evening at 8:30 p.m.

...

Alcoholics Anonymous meeting, Wednesday at 8:30 p.m., Room 604, Elk Point Hospital.

...

"New To Town" FCSS would like to welcome and familiarize new families with the services and programs available in town. Welcome packages contain a community directory, volunteer directory, coupons, maps and more! Call 724-3800 for more information or drop by 4902 - 51 Street.

...

Recycle Your Paper - Paper trailer is located at the west side of the bottle depot on Railway Ave. We take newspapers, flyers, computer and bond paper. No milk or egg cartons, phone books or glossy magazines. Please sort and bundle with string or put in cardboard boxes.

...

Elk Point Public Library - HOURS: Mon., Tues., Thurs. 1 p.m. - 5 p.m., Wed., noon - 8 p.m., Fri., 10 a.m. - 5 p.m. Photocopies. Extended library services and reliable information sources. Public meeting space available to non-profit organizations at no charge. Please call the Elk Point Library for booking at 724-3737.

...

The Elk Point Health Centre Auxiliary meets every fourth Monday at 7:30 p.m. in the Elk Point Health Centre meeting room. Everyone welcome!

...

Elk Point Auto Club - meets at the Empress Restaurant, Elk Point, the 2nd Wednesday of each month. More information call: Ed Smith at 724-2527.

...

Elk Point & Area "Stop Family Violence" Support Group - meetings are held 2 times a month. For more information call 724-2380, 724-3800 or 645-1950

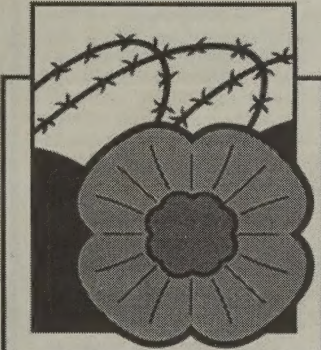
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Adoption/ Foster Support Krew - meets every second Thursday. For more info call Judi at 724-2118.

...

Many Albertans gamble as a form of recreation. For a small minority, however, gambling becomes a problem. If you or someone you know is experiencing personal, social or financial problems as a result of their gambling, confidential help is available. Call 1-800-665-9676.

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Elk Point Baptist Church 5705 - 49 St., Elk Point Pastor Jim MacLellan Family Worship Service Sundays - 10:00 a.m. Sunday School - 11:15 a.m. Call 724-4194 for more information or see our Website: geocities.com/elkptbapt	Calvary Family Fellowship Pastor Jerry Richards Meeting at Elk Point Seniors Centre, Hwy. 41 and 51 Ave. Sunday Worship 10:00 a.m. Prayer & Bible Study 7:00 p.m. Thursdays at 5:09 - 59 Ave. Phone 724-4991 for information.	St. Michael's Roman Catholic Church Fr. Nong (645-3277) Sundays: Mass 11:30 a.m. Children's Catechism 10:45 a.m. Mondays: Bible Study 7:30 p.m. 1st Tuesday of the month: 4 p.m. Mass at Extended Care Wednesdays: 7 p.m. Mass followed by Holy Hour/Benediction Confessions: Before and after Mass and upon request
St. Vladmirs' Ukrainian Orthodox Church, Elk Point For service times, call 645-5156, St. Paul or 724-4351, Elk Point.	Elk Point Christian Community Church Phone 724-2493 Pastor Richard Owen Congregational Followers of Jesus Christ extending God's work Railway Avenue and 53 St. Sunday Worship - 10:00 a.m. Sunday School - 10:00 a.m.	Bethel Lutheran Church of Lea Park Weekly Services, 10:30 a.m. Holy Communion 1st and 3rd Sundays
United Church of Canada 4822 - 50 Ave., Elk Point Rev. Jope Langejans, 724-3616 Worship Service - Sunday 10:00 a.m. Sunday School 10:00 a.m. "Come and be Welcomed - Come and Be Nurtured"	Bible Fellowship Church Clandonald Services held every Sunday at 11:00 a.m.	

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10.....For Sale	23.....Tenders
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1 AUCTION

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AUCTION KAL-TIRE - Ponoka, 4101 - 64 Ave., Ponoka, Alberta, Saturday, November 16, 2002 at 10 a.m. Selling 98 Dodge 1500 4 X 4 w/QC/SB, 98 Dodge 1500 4 X 4 w/tire truck equipment, 86 Dodge Ram Charger 4 X 4 w/plow, 89 Dodge 150, 89 Dodge Dakota, 20 ft. car trailer, forklift, storage van, hoists, tire and shop equipment, parts, shelving, tires, office equipment and more. See website for listing and pictures www.montgomeryauctions.com or call Montgomery Auction Services Ltd., Blackfalds, Alberta at 403-885-5149.

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4 BUSINESS OPPORTUNITIES

BE YOUR OWN boss! Work from home! International company. Full training provided! For information www.successofalifetime.com.

TAKE CONTROL of your income and your future with a Watkins home based business. Training and support included. If committed and enthusiastic describes you, call 1-800-375-1114.

FRANCHISEES WANTED: Zesto's oven baked subs and California Style Wraps is expanding throughout Alberta. Call 780-608-5284 or visit www.zestos.com.

WORK FROM HOME using your PC. \$500. - \$2000. part-time; \$2000. - \$5000. full-time. Website: www.thenewestcareer.com.

FOR SALE: Thriving tire and automotive business in East Central Alberta. Prosperous oil and farm area. Sales exceed one million dollars annually. Good location. Serious inquiries only. Apply to: Inquiries, 1413 - 29 Ave., Coaldale, AB, T1M 1R8.

ROCHESTER HOTEL, money making business, good clientele, renovations galore. Check out my website at www.rochesterhotelalberta.com or phone us at 1-780-698-3731 John Parton or 1-780-698-2624.

A SECRET MACHINE. Suppressed until now! It can be yours. Biggest money maker since ATM's. 25K minimum investment. Unlimited returns. Free video. 24 hours. 1-800-213-2166.

EARN A SECOND income. \$500. - \$5000. per month. Work from home. Call 1-888-236-0921; www.dreamssoeasy.com.

EXCLUSIVE DEALERSHIP water treatment is the most rapidly expanding industry. We are adding lucrative dealerships to our existing retail division. Ideal for individual or families. Low overhead. Full training. Initial investment solidly secured by inventory purchase. No franchise fee. Limited territories. Global Water Group, 780-485-0911 (Head Office) Edmonton, Alberta.

4 BUSINESS OPPORTUNITIES

NEW AGRICULTURAL franchise sells rapidly in Alberta. "New" agricultural franchise rated #1. We provide a very unique service to the agricultural industry. Franchisee/dealers required. Investment \$30K - 70K. Earning capacity 1st year \$75,000. - 120,000., plus re-occurring revenue thereafter. Can provide many references. Agricultural or Marketing a definite asset. For info call Gary at 1-866-821-3464 or cell# 1-204-228-7466 or email: aggary@mts.net.

6 EMPLOYMENT OPPORTUNITIES

PROVINCE-WIDE CLASSIFIEDS. Reach over 1 million readers weekly. Only \$189. + GST (based on 25 words or less). Call this newspaper now for details.

T.M. MINARD TRUCKING Ltd. an International carrier, specializing in all aspects of open-deck freight, is seeking professional owner/operators to pull company/owned flat-decks and step-decks. Supplied licence and insurance, fuel cards as well as permits and tolls paid. Call 1-877-842-3288.

CENTRAL ALBERTA based boiler company is looking for boiler operators for upcoming winter season. Driver's licence and boiler ticket required. Please fax resume to 780-662-2559.

RECREATION AND PARKS Services requires a Pool Shift Supervisor II at the Aquatics Centre. Applicants should be experienced in pool operations, maintenance, custodial, and troubleshooting techniques relating to Aquatic Centres. The incumbent will supervise and participate fully as a lifeguard, instructor of Red Cross and LSS lessons, and all water fitness classes. The incumbent will also assist the Aquatic Supervisor in the development and implementation of all programming for the Aquatic Centre. The rate of pay is as per the existing contract between CUPE Local #1032 and the Town of Brooks. Shift and weekend work is required as per the operational schedules in the Recreation Division. Minimum qualification: National Lifeguard Service Award; Red Cross Water Safety Instructor; Stand First Aid Certification/Aquatic Emergency Care; CPR Certification; valid Alberta Class 4 driver's licence; minimum of a grade twelve education or equivalency is required. Desirable qualifications: Pool Operators Certification, Level I and II; Lifesaving Instructor/Bronze Examiner. Closing date for application is Friday, November 15, 2002. Please forward applications and resume as follows: Ken Curlew, Aquatics Supervisor, Recreation & Parks Services, Town of Brooks. Phone 403-362-3622. Fax 403-362-4416. Email: kcurlew@town.brooks.ab.ca.

EXPERIENCED MACHINIST REQUIRED for general machine shop. 2 1/2 hours North of Edmonton. Attractive benefit package. Contact Herb 780-849-3768 or 780-849-0146. Fax resume to 780-849-4453.

EXPERIENCED CREW TRUCK Foreman required immediately. Please fax resume to 403-823-5895.

6 EMPLOYMENT OPPORTUNITIES

AUTOMOTIVE TECHNICIAN. High Level Motor Products Inc., full line GM dealership currently looking for an apprentice or journeyman mechanic. Successful applicant will be motivated, self-starter with better than average general mechanical skills. Resume and covering letter: Brent Hartwell, CMA, 9703 Rainbow Blvd., High Level, AB, T0H 1Z0. Fax 780-926-3326.

BULL HAULERS. Owner/operators and drivers needed to haul livestock. 2 years driving experience. Ralore Trucking (1998) Ltd., (Adventure Livestock Ltd.) Robby Glenn 1-800-988-4436.

EXPERIENCED EXCAVATOR and operator required immediately. Please fax resume to 403-823-5898.

EARN A SECOND income with a new career using your computer. Earn \$500. - \$5000. per month part-time, full-time. Work from home. Call 1-800-352-1668 ; www.yourdreamstowin.com.

YOUR DREAMS are just a click away! Put your computer to work. \$1500. + part-time; \$3,000. - \$5,000. + full-time; www.dreamsarejustaclickaway.com.

BOUNDARY FORD, Lloydminster AB/SK immediately requires fleet/lease manager. Full benefits, pension package. Remuneration on experience and qualifications. Send resume: Warren Lux, fax 1-306-825-3208. Email: contact@boundaryford.com.

TRADES PEOPLE are in high demand! Check out over 50 apprenticeship trades including carpenters, welders, mechanics, electricians. Choose the right one for you. Cooperative Trades Program at Fairview College. Starts January 2003. Call now. Program includes work experience - opportunity for apprenticeship. 1-888-999-7882; www.fairviewcollege.com.

JADE OILFIELD SERVICES Ltd. Due to expansion now has openings for year round and winter employment for the following position: Vacuum Truck Operator for drilling locations. Applicants must be self motivated, able to work unsupervised, able to be away from home for 2 - 3 week periods, mechanically inclined, have a minimum of Class 3 with air endorsement, be in good physical health. Jade Oilfield Services offers: benefit package, RRSP plan, competitive wages, modern, well maintained equipment, safety training, full-time steady work. Applications must be accompanied with references and a current driver's abstract. Apply by fax to 403-341-0886.

ELECTRICAL HELP WANTED. Labourers, apprentices and journeymen. Full-time work in Vegreville, Alberta. Fax resume to 780-632-7423.

FAST GROWING COMPANY requires ACP Reg. EMT-A's for work throughout Alberta. We offer competitive wages, opportunity for advancement and training allowances. Must have clean drivers/abstract. OFA III would be an asset. Send resume with 3 work related references and drivers abstract: Attention: Greg, fax 403-948-5110. Email: wardinfo@lycos.com.

WANTED: LONG HAUL truck drivers for Canada & USA. Must have clean abstract. Call 1-877-842-3288.

6 EMPLOYMENT OPPORTUNITIES

CANADA WEST FOODS J.V. Corp. Looking for a place to grow? Join Canada West's team of specialty meat processors. We have immediate openings for energetic people who enjoy working in a personal and progressive environment. We offer: Steady hours (no night or afternoon shifts) year round employment. Job rotation and job task diversification, processing lamb, veal and pork. Competitive wages (\$10./hour starting with potential to \$15.90). Comprehensive benefit package and Alberta Health Care coverage after three months. In house training and opportunities for advancement. Information packages on Innisfail and area available. Send your resume or pick up an application. We'd like to hear from you. Canada West Foods, 4312 - 51 St., Innisfail, AB, T4G 1A3. Phone 403-227-3386. Fax 403-227-1661. Attention: Kevin Fedorchuk.

BIG FREIGHT SYSTEMS. Now hiring flat deck owner operators and company drivers running Canada and the USA. Call Ken Poltras at 1-866-352-8335. Join our team.

6 EMPLOYMENT OPPORTUNITIES

WANTED HEAVY DUTY mechanic for shop in Northern Alberta. Call 780-523-5288, ask for Rick or fax resume to: 780-523-5910. Wage dependent on experience.

FEEL THE POWER!? of ATV's, snowmobiles, and more. Outdoor power equipment technician certificate program. Enroll now. January 2003 start. Work experience. High demand. Fairview College, Alberta, 1-888-999-7882; www.fairviewcollege.com.

NEWSPAPER PRESSMAN required immediately for Goss Community press. Maintenance, troubleshooting and org. skills for high quality required. Wainwright Star Chronicle in Alberta. Email resume to: techsupport@starchronicle.com.

BE AN INTERIOR DECORATOR with our remarkable home-study course. You'll get individual tuition from professionals on colour schemes, space planning, furniture selection, window treatments and much more. Call today for your free brochure 1-800-267-1829. Sheffield School of Interior Design, 1469 - 38 McArthur Ave., Ottawa, ON, K1L 6R2.

TOWN OF ELK POINT EMPLOYMENT OPPORTUNITY

The Town of Elk Point has an opening in the

Public Works Department

Duties will include assisting the regular crew, maintain the streets, sewers, park areas, town shop, etc. Applicants must hold a valid class 5 driver's license and steel toed boots are required.

Written applications for the above mentioned employment opportunity is to be made directly to the Town of Elk Point. The Town will accept applications until a suitable candidate has been hired.

Myron J. Goyan, Town Manager, Box 448, Elk Point, AB., T0A 1A0 - Phone 724-3810.

The Public Lands St. Paul District Office of Alberta Sustainable Resource Development IS CURRENTLY SEARCHING FOR A SUCCESSFUL CANDIDATE TO PROVIDE PART-TIME

Administrative Support Services

3 DAYS A WEEK

Reporting to the Office Administrator you will assist professional and technical staff deliver services relating to rangeland and land use issues. You will be responsible for answering and directing telephone calls, responding to counter inquiries, information processing, cash receipting and preparing bank deposits, report and spreadsheets, photocopying, filing as well as other administrative duties. Awareness of the ranching, farming and oil and gas industries will be beneficial. Understanding the land survey system would be an asset.

Qualifications: Grade 12 plus a minimum of 3 years related experience in a similar position. Working knowledge and experience with Microsoft Word, Microsoft Excel, Internet and Outlook Email system is essential. Must be able to work in a complex public service environment and be able to problem solve and provide high quality service under pressure. Must be an effective communicator and provide clear communication, written and verbal to clients. Capable of working independently and meeting deadline dates. A keyboard and computer test will be a requirement for all applicants.

Salary: Rate of \$15.53 / hr. to \$18.95 / hr. dependent upon work experience. Position is part-time three days a week. Please submit your completed resumes by post mail, or fax by the closing date of Friday, 2 pm, November 8, 2002 to:

Sustainable Resource Development
Public Lands / Office Administrator
417 Provincial Building
5025-49 Avenue
St. Paul, AB., T0A 3A4
Fax (780) 645-6281
780-645-6336

Alberta
SUSTAINABLE RESOURCE
DEVELOPMENT
Public Lands

CLASSIFIED AD RATES

ELK POINT REVIEW Tuesdays - \$5.00 per week + GST

ST. PAUL JOURNAL Tuesdays - \$6.00 per week + GST

BONNYVILLE NOUVELLE Mondays - \$6.00 per week + GST

COLD LAKE SUN Tuesdays - \$6.00 per week + GST

COMBINATION OF 3 PAPERS - \$14.00 / WEEK

COMBINATION OF 4 PAPERS - \$18.00 / WEEK

(20 cents per word per newspaper insert over 20 words)

lakeland marketplace

COMBINATION CLASSIFIEDS

Your classified ad can be read in over 10,000 papers.

Select your classified readership for as little as \$5.00 / week.

**** Bonus: St. Paul Journal Classifieds**

also featured online at www.spjournal.com

Corrections - The publisher will be responsible for only one insertion as a correction. It is the responsibility of the purchaser of the classified ad to check their ad after the first publication and let us know if there is a mistake before the next insertion is printed. The publisher will not be responsible for errors in classified ads that have been phoned.

THE WINNING TEAM



YOU
AND THE
CLASSIFIEDS
GET YOU
WHERE YOU
WANT TO GO

Place your order at either of our offices:

Elk Point Review - 724-4087

St. Paul Journal - 645-3342

review CLASSIFIEDS

6 EMPLOYMENT OPPORTUNITIES

PONOKA NEWS requires publisher with strong understanding of community newspaper operations, emphasis on sales, marketing and management. Reply: Publisher, Stettler Independent, fax 403-742-8050. Deadline November 14.

GET YOUR CAREER in ship-shapel! Become a marine service technician. Learn to repair outboards, inboards and more. One year certificate. September 2003 start. Fairview College. 1-888-999-7882; www.fairviewcollege.com.

EXCITING WELL PAID careers: Computer programming/internet website design. Home Study Diploma. Laptop computers provided. Free enrollment kit 1-800-477-9578 (24 hours) CMS Training.

DENTAL ASSISTANT - Rewarding employment. Level II Dental Assistant program. Excellent results on the National Board Exam and high employment results. Graduate and earn an income sooner from a fast-paced, hands on, quality program. Earn a 1-year Dental Assistant Certificate in 28 weeks (including practicum). Student loan or employment insurance support may be available. Limited seats in our smaller, personalized classes. 91% or our career grads are employed in their field of training. Experience a 1-day free trial. Enroll now - classes start soon! Call Columbia College (Calgary) today, toll free 1-888-235-9370, ext. 251.

7 ENTERTAINMENT & EVENTS

CATTLE RAFFLE! Draw Date: January 25, 2003. Win 20 bred heifers (approx. \$26,000.) 5 cash prizes \$1,000. 2,200 tickets, \$50. each. Write: Nanton Minor Hockey c/o Doug McDonald, Box 754, Nanton, AB, T0L 1R0. License #196797.

12TH ANNUAL Red Deer Christmas Antique Show and Sale, Nov. 16 and 17; Sat. 10 - 6; Sun. 10 - 5, Westerner Exposition Grounds. Over 450 sales tables. Canadiana furniture and country store collectibles. Car-swells's 403-343-1614.

ANTHONY ROBBINS LIVE in Vancouver, January 7 - 8, 2003. Boost your sales/attain peak performance. A Beachcomber Hot Tubs exclusive event. Call Ticketmaster at 403-777-0000 or www.ticketmaster.ca. More info: beachcomberhottubs.com.

8 FEED & SEED

FOR SALE - Hay, grain feed and straw. Phone 306-642-4680. Nov26

HEATED OR DAMAGED grain wanted. Flax, canola, wheat, barley, etc. Competitive pricing on all feed grains. Bow Valley Trading and Export 1-877-641-2798. 40 years experience.

ROUND HAY BALES, cheap, free delivery. Self unloading. 403-843-6380. No Sunday calls please.

APPROXIMATELY 1000 medium square oats straw bales and 700 medium square rye grass straw bales from 2001, \$10. each. Discount for volume. Call 204-385-2012.

HEATED CANOLA/FLAX and green Canola wanted. Also buying wheat, barley and oats - frozen light or heated accepted. "On farm pick-up." Westcan Feed and Grain, toll free 1-877-250-5252.

FARMERS SHORT of cattle bedding? Use woodmulch! Also suitable ground cover for trees and shrubs. Delivery available. Catherine, 780-470-0016.

OATS & PEAS WANTED

ON FARM PICKUP
Immediate Payment.
Toll Free 866-349-2056

8 FEED & SEED

BUYING ALL FEED grains, heated grains, screenings, etc. Farm pickup or delivered! Quick payment. Excellent freight and transportation services. Now Bonded. Call us at 1-800-661-2312.

TOP QUALITY HAY, green feed and straw, round bales, no rain, delivered. Phone 403-851-0202.

BUSINESS OPPORTUNITY. Love Feeds Ltd., a reputable western feed company, requires an agent in your area. Love Feeds Wholesale cow - calf crumbled minerals. For information call 1-800-661-8455.

APPROXIMATELY 1000 medium square oats straw bales and 700 medium square rye grass straw bales from 2001. \$10. each. Discount for volume. Call 204-385-2012.

VARIOUS TYPES of hay in large round hard-core bales. Bales weigh approximately 1300 lbs. Some excellent hay for horses, beef cows and buffalo. Straw also available. Will deliver. Call Joe 1-204-274-2789, Westbourne, Manitoba.

9 FOR RENT

FOR RENT - One 3 bedroom house or one 2 bedroom house, in Elk Point. Phone 724-4402 after 5:00 pm. xxx

FOR RENT - 2 bedroom suite in 4-plex. All appliances, references required. Call Al at 724-3026. xxx

TWO BEDROOM 4-PLEX in Elk Point. Four appliances included. Phone 724-2288.

**OFFICE SPACE
FOR RENT**
In Downtown
Elk Point
1027 sq. ft.
Ph. 724-4413

10 FOR SALE

NEW VACUUMS FOR SALE - 0 down, \$91 / month for 24 months. Also, washer, dryer, fridge, stove, deepfreeze, \$150.00 each. Phone 614-0894. Nov5

TONY'S CAR SALES - Ford, GM, Chrysler, Toyota, Nissan, Mazda. Any make and model. New & used. Possible 0 down, 0 interest, \$200 / month. This week's specials: '78 Ford 1/2-ton, 67,000 kms, \$1,400; '84 Chev. Van C20 3/4-ton, \$2,100. Phone 614-0894. Nov5

FOR SALE - New River Edge self-climbing tree stand and new climbing sticks. Will sell separately. Phone 724-4609 after 6:00 pm. xxx

1,000,000 SQ. FT. LAMINATE flooring. Lots of choices. Starting at \$0.75 sq. ft. Cork \$1.99. Hardwood flooring from \$1.99. Must be sold. Largest selection in Canada. 1-800-631-3342.

HEATMOR STAINLESS steel outdoor wood furnace. If you can't see why a 100% stainless steel outdoor wood furnace is important, maybe in a few years you will! Call Harris Custom Heating Inc. 780-892-3224.

WHOLESALE ENGINE PARTS. Cummins overhaul kits from \$1046. Best quality at factory direct prices. Cat, Cummins, Detroit and much more. Exchange engines. DSG 1-800-667-6879.

WAUKESHA, CAT natural gas engines. Profits for independent repair shops. Pistons, liners, bearings, etc. Top quality parts at reasonable prices. DSG 1-800-667-6879 location #1.

FALL CLEARANCE. Seconds 3-TAB shingles starting at \$5.49 per bundle. While stock lasts. 1-888-475-2227.

10 FOR SALE

ADD ON a wood furnace to your existing oil, gas or electric furnace. Save dollars this winter. For nearest dealer, 250-493-7444. Email: vcsales@vip.net or www.valleycomfort.com.

STEEL BUILDINGS. Go direct and save! Beat next price increase. 20 X 20 \$2,980.; 25 X 30 \$4,200.; 25 X 40 \$5,700.; 30 X 40 \$6,700.; 32 X 50 \$9,800. Many others. Pioneer 1-800-668-5422. Since 1980.

FUTURE STEEL BUILDINGS - Durable, dependable, pre-engineered all-steel structures. Custom-made to suit your needs and requirements. Factory-Direct affordable prices. Call 1-800-668-8653 ext. 230 for free brochure.

NEVER BUY another air cleaner. Advanced flow air cleaners, washable, 63% more airflow, increases power, saves fuel. Gasoline and diesel domestic trucks. Best brand 1-800-667-6879.

TAMARACK WOOD for sale. Down one season. Picker truck semi loads. Tree length. Great heat slow burning wood. 403-638-6484 or 403-638-4799 for delivered price.

NEED A COMPUTER - Don't have cash? The original IBM PC, just \$1. a day, no money down! The Buck A Day Company. Call 1-800-666-3547; www.buckaday.com.

SAWMILL \$4995. All new Super Lumbermate 2000, larger capacities, more options. Norwood Industries, manufacturer of sawmills, edgers and skidders. Free information, 1-800-566-6899, ext. 400. OT.

2000KW T800 18 SPEED, 46 rear, 60" flat top, beacons, 575,000 km's, balance of warranty. Other trucks available. Call Tyler or Craig at 1-888-511-4242 or 780-455-6212, MacDonald Roberts Equipment.

\$75,900. 1520 SQ. FT. 20' wide includes LowE windows, R40 insulation, carpets throughout, delivery blocking skirting. Exciting new plans. Quality 16' X 80' five appliances only \$63,900. Pleasant Homes 1-866-962-0238.

FACTORY DIRECT bungalows and 2 storey custom built homes from our High River plant. You dream it. We build it. Willow Creek Homes. Winter or spring delivery, anywhere. 1-877-652-1872.

NEW BUNGALOWS for sale. Over 12 floorplans. From our site to yours. Westalta Modular Homes as low as \$72,900. Call collect 780-960-2100 for more information.

RIDGEWOOD HOMES is Alberta's largest manufacturer of quality, affordable homes. Come see our show home village. Take a factory tour. See how you can get all that you want in a home at a price you want to pay. Take the Yellowhead to Acheson turn off, follow Highway 60 towards Devon. You can't miss us. Call 780-960-2112.

STOP PAYING RENT. Own for less. New homes from \$300. per month, only 5% down O.A.C. Call Joyce or Dale at Cross Country Homes, 1-800-470-5444; www.crosscountry-homes.ca.

\$393.47/MONTH. YES! That's right! 3 bedroom, 2 bathroom homes from \$393.47/month. Price includes delivery anywhere in Alberta (south of Edmonton), skirting, GST. We finance. 1-800-347-5590, Red Deer.

SHOW HOME CLEARANCE Sale. Immediate delivery, selection of modulars, 20, 16 wide. Variety of floorplans and options. Delivery, setup included. 5% down. Jandel Homes, 1-800-463-0084; www.jandel-homes.com.

8 BRED POLLED HEREFORD HEIFERS - Females. Phone 726-3751, Lakes Ranch. xxx

13 LIVESTOCK

PUREBRED & PERCENTAGE SALERS BULLS - Tan, Black, Red, Polled & horned, free delivery. Great on heifers, awesome on cows. Scattered Spruce Salers. Phone 780-768-2284. xxx

BULLS FOR SALE OR RENT - All breeds available. Also selling 2 GMC livestock trucks, A1 shape. One with 24' box, other 22' box. 632-2139. xxx

WORKING DOGS - Border Collie pups, 8 weeks B&W, brown and white, tri-colour. From excellent obedient parents. Mother trained to work w/large sheep-flock. \$100. firm. 780-658-2363.

BARN CATS & KITTENS TO GIVE AWAY

Mother is an excellent mouser

ALSO, C.D.M.A. REGISTERED MINIATURE DONKEYS FOR SALE:

3 yearling geldings; 1 - 2-year-old bred Jenny; 3 weanling jacks; 1 weanling Jenny. My Donkeys make excellent guard animals, pets for children, or show & trail prospects. Come and take a look.

Call Fern at 780-741-2260 evenings & weekends.

16 MISCELLANEOUS

NEED MONEY FAST. Immediate approval. Credit, age, income are no barriers, debt consolidation, interim financing, home purchase, small business start-up. Consolidated Mortgage and Loans. Members BBB 1-780-452-5858.

MONEY NOW AVAILABLE first and seconds. Low rates, easy terms. Bankruptcy and bank turn downs ok. It's equity, not credit that counts. Phone 780-484-5834.

18 PERSONAL

DENIED CANADA PENSION Plan Disability Benefits? The Disability Claims Advocacy Clinic can help. Call Allison Schmidt 1-877-793-3222; www.saskadvocate.com.

DON'T WORRY - Be Happy! #1 Psychics - Accurate and Caring! Mystical Connections, \$2.99/minute. 1-900-677-5872 or Visa/MC 1-877-478-4410 18+, 6 a.m. - 2 a.m.; www.mysticalconnections.ca.

DON'T LIKE SURPRISES? Have you ever experienced an involuntary or uncontrollable loss of urine (wetting accident)? If you answered yes, you may have overactive bladder. Talk to your doctor or call 1-877-225-2333 for more information.

CANADA'S TOP PSYCHICS. Are you ready to believe in psychics again? Call now, you won't be disappointed! 1-900-451-7070, \$2.95/minute 18+.

DIVORCE SURVIVAL STRATEGIES. Before spending large sums on legal fees, call The Family Law Centre to understand your rights and obligations. Our lawyers will present you with your options and offer smart and proven strategies to help reduce your legal fees, safeguard your assets and defend your child custody and access rights. Don't be a victim! "Separate smart". Toll free 1-866-879-3529.

19 PETS

THE PURR-FECT opportunity to MOOVE into a WHINNEY-ing career in veterinary clinics, wildlife parks, pet stores, livestock industry and more. Animal Health Technology. Comprehensive hands-on training, practical diploma program. Fairview College. Apply now for Sept. 2003. 1-888-999-7882; www.fairviewcollege.com.

EARLY CLASSIFIED DEADLINE THIS WEEK: 4 P.M. WED., NOV. 6

19 PETS

PUREBRED BLACK Labrador retrievers. Registered, tattooed, first shots. Champion field-trial, hunting, CKC companion dog lines. Excellent temperament. Keen learners. Dusty Roads Kennels 403-885-4819.

20 REAL ESTATE

OSOYOOS, BC. Enjoy the sunny, warm climate of Canada's only natural desert. Located in the South Okanagan Valley near the U.S. border, in wine country! Brand new lakefront apartments and townhomes. Prices start at \$89,900. 1-866-738-1002; www.casa-del-lago.ca.

WE BUY MORTGAGES. Have you sold real estate and carried back a mortgage - why not have cash today! Call Gwen at 1-877-293-5857.

1434 SQ. FT. home overlooking the Peace River and Town on 3.9 acres, near by pulp mill, Shell plant. Appraised, priced to sell. 1-780-864-3384.

21 RECREATIONAL

EASY CASH for your used RV. Instant and hassle free (1988 or newer). 403-291-1203 or 1-877-414-2458.

TOP DOLLAR PAID for 1988 and newer RV's. Instant cash for clean, late models in good condition. Woody's RV World, Calgary, 1-800-531-4695 or 403-240-1212.

22 SERVICES

DEBT STRESS? We can help; mydebtolution.com. Debt solutions. Online. Anytime. 1-877-556-3500. Advice by phone and online. Professional and personal service since 1987.

CRIMINAL RECORD? Avoid job loss, travel restrictions and more. Canadian Pardons and United States travel waivers available. Results guaranteed! Call 1-800-320-2477 or visit www.canadianlegal.org.

UNCONTESTED DIVORCE and separation agreements. Simple. Affordable. \$100. gets you started. Includes free workbook and answers to commonly asked questions. Call 1-800-320-2477 or visit www.canadianlegal.org.

Position: Insurance Administrator LOCATION: ST. PAUL DISTRICT OFFICE

RESPONSIBILITIES: Agriculture Financial Services Corporation (AFSC) is seeking an independent, assertive individual with strong communication skills and an agricultural background to administer and deliver all insurance programs in the St. Paul District Office. The position is directly responsible to the Regional Insurance Manager in Camrose. Major responsibilities are to review eligibility of contracts, collection of accounts receivable / arrears, deposit cash and manage post dated cheques, carry out and interpret policy with some involvement into policy development. The incumbent will enter data onto the computer, participate in recruiting and training of office staff and staff supervision. The incumbent will be responsible for acceptance and initial documentation of claims, assisting with budget by providing input, providing information for and preparing statistical reports and processing mail and courier daily. The incumbent will be expected to participate when asked in local trade shows and conferences that are business related, meetings and presentations as well as maintain a professional image of the Corporation within the office.

QUALIFICATIONS: The successful candidate will be expected to acquire an in-depth knowledge of the insurance programs administered by AFSC, and have a practical knowledge of the agriculture industry. Candidates should have a minimum of Grade 12 and three to six years of related experience. Supervisory experience would be an asset. The position requires computer literacy and keyboarding skills, good math skills, strong communication and interpersonal skills, and well demonstrated organizational skills. Equivalencies may be considered.

SALARY: (monthly) \$3,013 - \$4,308

CLOSING: November 15, 2002.

FURTHER INFORMATION: This competition is open to the public. Questions about the position may be directed to Faye Branden, Insurance Manager at 780-679-1377. We thank all those who apply for their interest in this posting, however, only those selected for an interview will be contacted further. Applications will be accepted until the closing date of Friday, November 15 by sending your resume to:

Human Resources Department
Agriculture Financial Services Corporation
5718-56 Avenue
Lacombe, AB., T4L 1B1
Fax 780-782-6850

22 SERVICES

PHONE DISCONNECTED? Reconnect your phone with our pre-paid local phone service. Free voice mail. No deposit or credit check. Call Tele-Connex at 1-877-CONNEX-U or www.tele-connex.com.

CRIMINAL RECORD? Canadian pardon seals record. U.S. waiver permits legal American entry. Why risk employment, licensing, travel, arrest, deportation, property confiscation? Canadian - U.S. Immigration specialists. 1-800-347-2540.

24 TRAVEL

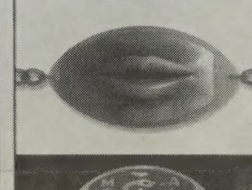
PREMIUM HOTELS. Puerto Vallarta, 7 days for \$199. Cancun, 5 days for \$119. per person double occupancy. Use air miles for airfare. 1-888-807-8444; www.vacation-value.com.

TIMESHARE RESALES. Worldwide selection. ERA Stroman since 1979. Call now! Buyers call 1-800-613-7987. Sellers call 1-800-201-0864; www.time-sharelink.com.

25 WANTED

COLLECTOR PAYING TOP prices for any 2-cylinder JD's preferably 820, 830 series. Also any 99 Olivers, 98 Massey's or others with GM blower motors, also any D-21 Allis-Chalmers and FWA older tractors. Phone 306-369-2810; 306-221-5908.

**Speaks
140
languages**



MedicAlert
ALWAYS ON CALL
www.medicalert.ca

For more information:
1-800-668-1507

business DIRECTORY

6

EMPLOYMENT OPPORTUNITIES



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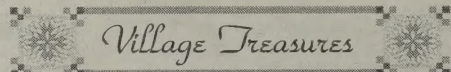
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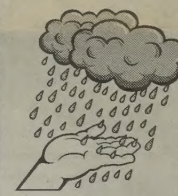
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